

Client Intake (side one) Date: _____

Full Name: _____
(Please Include Middle Name)

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Alt. Phone: _____

Email: _____

DOB: ____/____/____ Place of Birth: _____

Are You Pregnant?: _____ Have a Pacemaker?: _____

Any Metal Plates or Screws? _____

Please List Your Top 3 Health Challenges:

1. _____
2. _____
3. _____

Any Current Diagnosis? _____

What Organs Have You Had Removed? (Inc. Teeth): _____

How Many Perscriptions Are You On?: _____

How Many Cigarettes Smoked Per Day? _____

Steroid-type Drugs Used In the Last Year? (e.g. Cortisone): _____

Number of Dental Fillings? _____

Number of Street Drugs Currently Used? _____

Unresolved Mental Factors (Things That Continue to Bother You): _____

How Responsible Do You Feel For Your Health? (Circle)

1 2 3 4 5 6 7 8 9 10

How Much of Your Diet Is Fat? _____

How Much Stress Do You Have? (Circle)

1 2 3 4 5 6 7 8 9 10

On Average, How Many Servings of....

Sugar Do You Consume Per Day?: _____

Alcohol Do You Consume Per Day?: _____

Caffeine Do You Consume Per Day?: _____

TAKE THE HAIR DARE

What can
the Hair Dare
tell you
about your
health?



HAIR DARE

For more information or to set up an appointment
please call either (612) 267-9281 or (320) 220-0795.

Send samples/checks to
624 11th St SW.
Willmar, MN 56201

What Is the Hair Dare?

Hair Dare was created to give people a convenient and simple method to better understand what is going on in their body's. The best part is, we will contact you after it is complete to explain the information and to give some helpful suggestions going forward. Sometimes, just finding out one small deficiency or allergy can be the first step in greatly improved health.

What Can It Tell Me?

So, what can the Hair Dare tell you? Here is a few options we currently have available:

Basic Nutritional Profiling:

This will give you a good look into your vitamin, mineral, and amino acid levels. These nutrients play critical roles in every process of the body. When we are deficient in one of these, our bodies will begin to pull nutrients from other areas to function, thus robbing that area.

Expanded Nutritional Profiling:

This will include the same information as above, but we will also add in information about enzymes (these help break down your food), toxicities (heavy metals, sugar, etc), and allergies (Food, environmental, etc.). This is incredible information that could allow you to make some important diet and lifestyle changes. Often times, getting these areas under control can improve overall health, especially things like bloating, water retention, and headaches.

Complete Stress Test:

Not only does this include the information included in the nutritional profiling, but it goes several steps farther. This will look into your risk factors for disease, what your main stressors are, and more. We will analyze your emotions and help you balance the ones that may have become overwhelming at times. We can help you understand what emotions or thought patterns have become roadblocks to your health. If present, it may also give us information about some unresolved conflicts in your life that are not allowing you to function to the highest level.

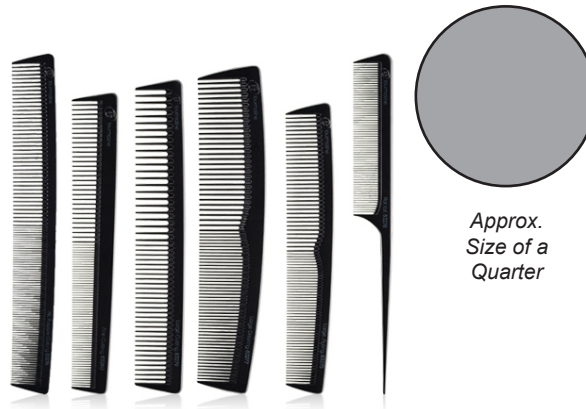
How Does It Work?

Each person's DNA is unique and contains a unique "signature". I liken this signature to a phone number. The Biofeedback machine able to "dial" your phone number and communicate with your body about what is going on. We use the information your body is willing to give us to get an idea of where there are imbalances. This is a unique system in that it is not trying to determine an amount of a substance inside of you, but instead it is asking your body specifically for information (for example, if there is a deficiency in a vitamin or if there is a chronic emotional issue).

You may ask how it is able to know that? Actually, most thoughts, memories, etc. have been stored in your cellular memory. This machine is simply able to ask the body to give up that information for us.

How Do I Do It?

That is easy! Fill out the client intake form and answer the few questions included with it. Then, take a small sample (size of a quarter) of hair and place it in a plastic bag. It is ok if you have dyed, treated, etc. your hair because we are taking the DNA signature, not analyzing the hair itself. If you are the sole user of a brush, you could also take the hair that comes out and use that. When done, throw it in the envelope and send it to the address provided.



Client Intake (side two)

Please Fill Out Side One

How Many Exercise Sessions Per Week? (20+ Mins): _____

of X-Ray/Chemical/Toxic Exposures in the Last Year?: _____

How Many Injuries? (Broken Bones, Accidents, Etc.): _____

Major Infections? (Pneumonia, Chicken Pox, Etc.): _____

How Many Glasses of Water Per Day? (8 oz.): _____

How Many Pounds (lbs) Overweight?: _____

Pricing & Payment Information

Basic: \$50

Extended: \$100

Complete Stress Test: \$200

Payment Methods:

- **Check:** Made payable to **Linde Ditmarson** and sent it to the address provided below
- **PayPal:** Call us to set this up
- **Credit Card:** Call to complete transaction

I understand that biofeedback is not meant to diagnose, treat or cure any disease. I understand that I should consult a medical doctor for a diagnosis. I understand that the parties involved are providing this test for information purposes only. Additionally, I understand that Dr. Nick and Linde may share information regarding your information in order to better understand your individual body.

Signature: _____ Date: _____

Additionally, I agree to allow Dr. Nick Baker, Linde Ditmarson, or other members of the Quantum Restoration team to send me results via email, fax, pictures, or text messages. I understand that the Quantum Restoration team will do their best to secure any information, but that there is some inherent risk in transferring information this way. I release the above mentioned people from liability involving those services.

Signature: _____ Date: _____

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